



**BE THE  
CHANGE YOU  
WANT IN YOUR  
COMMUNITY  
VOLUNTEER  
TODAY !**



## FNQ Volunteer Expo

An annual event celebrating and showcasing volunteering in our community, held on the last Sunday of July at the TANKS market day.

Join us for a fun-filled day.

**Find Your Tribe**

**There is a volunteer opportunity for everyone**

**Find Your Vibe**

Children's activities corner  
Environment & Conservation  
The Arts, Theatre, Culture  
Sport & Recreation  
Multi-cultural Groups  
Children's literacy support  
All abilities  
Family, Young People & Seniors  
Museums & Heritage  
Health & Wellbeing  
Education & Training  
Disaster response  
Animals

**Meet the people who make a  
difference in our community**



## CONTACT US

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**VOLUNTEERING IS A LIFESTYLE CHOICE**

## ABOUT US

We are a Volunteer Support Centre established in 1999 in response to community needs. FNQ Volunteers Inc. is a not for profit, community-based organisation that is largely run by a volunteer workforce who are trained and upskilled to manage the recruitment and placement of volunteers into 'jobs' that are 'best fit' for the individual and the organisation they are referred to.

We are enthusiastic about volunteering and encourage everyone to have a go, no matter if you only have a few hours to spare or want to be more involved, we can find a place for you.

Much of our work involves supporting other volunteer involving organisations to engage with volunteers in meaningful ways, to increase volunteer participation, and to encourage people to embrace the notion of volunteering as a lifestyle choice.

We believe that volunteering offers opportunities for personal growth and skills development and is often a pathway to paid employment. Finding your niche or uncovering hidden talents makes volunteering an exciting journey of discovery.

We understand that whatever the volunteer role, the volunteer needs to feel valued and part of the organisation. They need to be acknowledged for the work they do, and for what they contribute. A simple 'thank you' goes a long way towards making people feel that what they are doing makes a difference.

We are excited to be involved in assisting people of all abilities to become involved in volunteering. We look for the 'best fit' job for each individual, according to their interests and abilities. Success in volunteering is all about finding the right place for each person.

Our network includes many multi-cultural organisations, and we welcome newly arrived migrants who are looking to engage with the broader community and find their niche in a new land. People from many national backgrounds share their cultures and customs through festivals and events bringing a rich diversity to our community.

**We have much to learn from our First Nations people and respect and honour the Traditional Custodians of the land upon which we work and live, and recognise their continuing connection to land, water and community. We pay respect to Elders' past, present and emerging.**

**We respect the First Peoples, who are the Bama - the Aboriginal rainforest people who are traditional custodians/owners of the lands that cover our region. We also acknowledge other Aboriginal and Torres Strait Islander people who call our region home and the country from which they came.**

## WHAT OUR VOLUNTEERS SAY .....

“ I have retired for a while now and wanted to keep myself busy. Volunteering was my first thought to stay in touch with my community and with my skills  
- Evelyn ”

“ Volunteering gives me a real sense of fulfillment. It also provides a great camaraderie working with my fellow volunteers  
- Steve ”

“ Volunteering has helped me keep well and have something to look forward to  
- Maria ”

“ I like meeting new people, from different cultures and getting to know them  
- Donna ”

“ The fact that I help a lot of people, as well as organisations, and making people happier feels good  
- Dona ”

“ I've always volunteered in one way or another, it's just part of what I do  
- Annette ”

“ Helping out at the Op shop is fun, I get to meet lots of people and I really feel as if I'm contributing to a worthwhile cause  
- Jules ”

“ It helps me keep up to date with technology and I can gain experience while looking for a paid job. It looks good on my Resume too  
- Jason ”

“ I was volunteering before I retired and it just made sense to continue. In a way it's giving back, but really, I get more than I give and feel valued as part of the organisation I work with  
- Doug ”

We welcome all not for profit, volunteer involving organisations to become registered members of our Volunteer Support Network.

### Membership benefits include:

- ✓ Promotion of your volunteer positions
- ✓ Recruitment of new volunteers
- ✓ Referral to appropriate volunteer position.
- ✓ New volunteers are assessed by our staff prior to referral.
- ✓ Involvement in the annual VEXPO (volunteer expo)
- ✓ Nomination for the annual Volunteer Awards
- ✓ Participation in events
- ✓ Support and advocacy
- ✓ Training
- ✓ And much more .....

Be part of an extensive support network of volunteer involving organisations, sharing experiences and working together to promote volunteering in our community.

Membership is free to not for profit, volunteer involving organisations.

There may be some fees for service depending on what is required. E.g. Specialised training and workshops.

\*To be eligible for placement of volunteers the organisation must have both Public Liability and Volunteer Personal Accident Insurances.

**VOLUNTEERING  
STILL THE BEST JOB IN TOWN  
CONTACT US NOW**