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2016 VOLUNTEER OF YEAR AWARDS A HUGE SUCCESS

The 2016 Volunteer of the Year Award was held at the Rydges Esplanade.

The award ceremony was opened by FNOQ Volunteers Services Coordinator Mr Oni Vuniyaro proceeding with a welcome for everyone attending and acknowledgement of the traditional owners of the land that this ceremony is held on.

Mr Vuniyaro acknowledged volunteers generally for their warm community efforts, and also the presence of Channel 7 to bring this event into the media spotlight. He also took the opportunity to read a sweet and calm poem to the volunteers who worked for many years both past and present within the member organizations. Approximately 33 people attended the occasion.



FNOVI Services coordinator Oni Vuniyaro address attendees at the Volunteer of the year awards

May Keelart, this year's winner, has been volunteering at Marlin Coast Meals on Wheels for the last 6 years, and also volunteers her "other" spare time with the Marlin Coast Neighbourhood Centre and at the Junior Soccer. From her nominator Joann McClure, President of Marlin Coast Meals on Wheels, "May is always the first to put her hand up to fill in if fellow volunteers fall sick and is always the first to arrive (6am) and the last to leave. She is a calm, capable volunteer and friend to us all. We cannot think of a more worthy recipient for this award."



Winner May Keelart from Marlin Coast Meals on Wheels and Runner-up Dipak Monger from Centacare Migrant Services

Marlin Coast Meals on Wheels helps frail older people and younger people with disabilities and their carers to remain in their homes where most are happiest. Reaching out and making a difference in somebody else's day, makes their day. "Independence is something we all value and to have that taken away through not being able to go to the shops for groceries or to cook regular meals, should not be an obstacle to autonomy."

Dipak has been volunteering at Centacare Migrant Services for 2 and a half years as a dedicated and reliable volunteer. He is well respected and goes the extra mile to assist servicing the services' clients. Dipak's role in the Refugee Resettlement Program

**COMING
SOON...**



VOLUNTEERS OF THE YEAR AWARD...CONT'D



YVONNE AND DIPAK FROM CENTACARE MIGRANT SERVICES

is invaluable. The program is a crucial part of the settlement of new refugee arrivals; the assistance given allows new arrivals to become valued members of the community.



MAY KELAART AND EILEEN MCMURTIE FROM MARLIN COAST MEALS ON WHEEL

Dipak comes from a refugee background and has lived many years outside his country of origin Bhutan before resettling in Australia. "Dipak has assisted a number of families from different countries to learn the practicalities and systems of life in Australia orientating them to the area in which they are living. Dipak has been

instrumental in helping them build their confidence and feel more at ease in their unfamiliar surrounds. This has included showing clients where they may go fishing and assisting them to put together their newly purchased pushbikes so that they are able to move around in the community with ease."

VOLUNTEER POEM

Dedicated hearts like yours are not easy to find.
It takes a special person to be so generous and kind
To care so much for your fellow man
is a quality too rare
Yet you give your time and talents
for all in need to share

So thank-you for being a volunteer
We're privileged to work with you
We want you to know how appreciated you are
Not just today, but the whole year through.

Because of you...
someone will have enough to eat tonight
someone will have decent clothes to wear
someone will have shelter
someone will receive medical care
someone will learn the skills to survive and succeed
and most importantly,
someone knows there's at least one person in this
world that cares.

Always give happily and live happily".



FNOVI MEMBERS INSURANCE

FNO Volunteers Inc. as part of its membership requirements asks its member NFPs to hold public liability and volunteer accident insurance. We have long recommended AON through the Volunteering Australia website. AON have recently released the Insurance Puzzle Solver to assist NFPs in determining what insurance they require.

Are you interested?
Click on image right to see how it works!



FNQVI ATTENDS CAREER EXPO AT FRED MOULE PAVILLION



26 MAY – Far North Queensland Volunteers Inc. participated in the Careers Expo 2016 at Fred Moule Pavilion at the Cairns Showground.

FNQVI was fortunate thanks to community connections to be able to secure an excellent stall site. FNQVI staff encouraged students and other attendees to think about **VOLUNTEERING** for community participation and to assist others.

The other important aspect targeted for students was to think how volunteering might help them decide what pathway they might like to choose for their own careers and how **VOLUNTEERING** could help decide that.

The Cairns Post interviewed staff member Pellista enquiring about what FNQ Volunteers does to help the youth of Cairns given the amount of unemployment in the region.

A good size crowd of students, teachers and teachers aides attended and much interest was expressed at the FNQVI display. There were approximately 62 expressions of interest.

Extract from “Volunteering could be key to landing top jobs for FNQ youth” [the Cairns Post 27 May 2016](#).

“Pellista Lammon of Volunteers FNQ Inc said more Far North teens were now volunteering in areas they enjoyed.

“It’s a way of connecting young people with their community and of course is a way of getting a foot in the door,” she said.

“A lot of people who leave school don’t know what they want to do, but volunteering is a very good way of finding out the areas they enjoy. We’ve definitely seen a growth in this area from a local perspective.”



JCU Career Fair

FNQ Volunteers Inc Report

Date: Wednesday, 16th March, 2016
 Time: 9.30am – 1.30pm
 Venue: JCU Campus Cairns

The annual Career Fair at JCU was successfully held with good expressions of interest from students. The event built upon the success of its predecessor event held last year. The FNO Volunteers exhibit touched those who came last year, whilst reaching out to new students this year.



The Career Fair brought more than 350 students to the event with over a third (128) visiting the FNO Volunteers exhibit. On the day these students had an opportunity to question, interact, learn and imbibe what volunteering has to offer from our staff representatives. The event also enabled networking with other exhibitors as well as canvassing for new membership.

FNO Volunteers Inc exhibit was represented by Evelyn (Membership Officer), Lynda (Data Entry), Vyvienne (Reception/ Admin), and Rosemary (Referral Officer).

Special recognition goes to Suzanne McIntyre at JCU Smithfield and her team for inviting FNO Vol Inc and taking care of publicity for the event. A very special thank you also to the JCU team for providing light refreshments and lunch for all the exhibitors.

Thank-you from JCU...

“Good afternoon

On behalf of JCU Careers and Employment, thank you again for taking the time to attend our 2016 Careers Fair. Your support of JCU students is much appreciated and feedback from students has been very positive.

Attached is a picture of your stall from the day. It isn't professional quality but will provide some memories from your experience at the Fair.

If there is any way we can assist you or your organisation to connect with JCU students in the future please do not hesitate to ask.

Kind regards

VOLUNTEER COORDINATORS NETWORK MEETING

At the April 2016 VCNM, several participants collaborated with FNQVI presenter & board member Tracey Dickinson on fleshing out the National Volunteer Standards to see how these standards could apply in their own organisations. Further developments on the project are in the pipeline. Attending were coordinators from St John's Community Care, Mareeba Information Support Centre, Cairns Meals on Wheels, Cairns PCYC, Alzheimers Australia, Qld Govt. Sport & recreation Services, CAFNEC, Anglicare, STEPS, Centacare Migrant Services, Integrated Living, and Cairns Museum & Historical Society. Kurt Pudniks and John Hartigan (FNQVI Board Members) also attended along with several FNQVI staff and Services Coordinator Oni Vuniyaro. The details of these efforts are available in .pdf format [here](#).

Next meeting: **27th July 2016**

Are you 18yo and over?

Do you have an interest in History?



**VOLUNTEERS
REQUIRED!**

Where:
Fred Moule Pavilion, Cairns Showgrounds, Mulgrave Rd, Cairns

**SPIRIT OF
ANZAC
CENTENARY
EXPERIENCE**

When: Sunday 14 to Saturday 20 August 2016

VOLUNTEERS ARE REQUIRED FOR 6.5 HOUR SHIFTS, DRESS STANDARDS APPLY, MEALS AND SNACKS ON BREAKS ARE PROVIDED, AS IS A POLO SHIRT THAT IS YOURS TO KEEP.

If you're interested please contact FNO Volunteers for referral, and after referral...

PLEASE [CLICK HERE](#) TO SUBMIT YOUR APPLICATION

The Spirit of Anzac Centenary Experience follows a chronological timeline spanning pre-war Australia to the present day and uses a mix of arresting visuals, artefacts, audio and film to engage visitors in a very stimulating and emotional manner.

Supported by the Cairns Regional Council

DISABILITY ACTION WEEK GOLF DAY

Deaf Services Queensland in partnership with FNQ Volunteers Inc. and My Pathways are organising a "Disability Action Week Golf Day".

When: Thursday, 15 September 2016

Venue: Cairns Golf Club

The purpose of the event is to:

- * Celebrate Disability Action Week and to raise awareness about people with disabilities
- * Provide an opportunity for people with a disability to play golf or participate in a putting competition or hit some balls on the driving range
- * Raise some money to provide a golf clinic for people with a disability
- * Provide an opportunity for service providers to network

We would encourage members of the public to come along and join the competition or volunteer to help us out.

For further details, contact Oni Vuniyaro at FNOVI
Ph: 4041 7400 or email info@fnqvoleunteers.org



FNQ VOLUNTEERS AGENCY VISITS

The Cairns BMX Club, Cairns PCYC, Holy Spirit College, Conservation Volunteers Australia, and Integrated Family Youth Services were recipients of agency visits this quarter. FNQ Volunteers does agency visits with member organisations to ensure things are running smoothly for the referral process and to ensure there are no major challenges. It is also an opportunity to adjust and position descriptions if this required.

Agencies can look forward to further liaisons with Services Coordinator Oni and the team to further develop the network. FNQVI is also contactable to request a site visit should agencies require this...Ph 4041 7400.



Real Road Training Pty Ltd | PO Box 265 Pindreeville QLD 4012
Ph: 8230 8882 | Fax: 8230 7771 698 733
Training@realroad.org.au | www.realroad.org.au

THE MARLIN COAST NEIGHBOURHOOD CENTRE IN PARTNERSHIP WITH CAIRNS LIBRARIES, INTRODUCES



TECH SAVVY SENIORS QUEENSLAND

FREE TECHNOLOGY TRAINING FOR SENIORS

Learn skills in:

- * Email
- * Social media
- * Smartphones and tablets
- * Online shopping

Support is available to the community through the Community Support Service Coordinator Allison Smith. You can contact Allison through the Marlin Coast Neighbourhood Centre on 4055 6440

The Cairns Libraries have courses available throughout 2016. For more information you can phone on 4044 3727 or visit www.cairnslibrary.com.au





Room in (Cairns - Pind)



Sea Swift Northern Pride 'Community Pride Program'

Funded Training Opportunities*

In partnership with Sea Swift Northern Pride, Gold Training is delivering a Certificate III qualification in business under the Skilling Queenslanders for Work Project. The Community Pride Program includes supported mentoring to ensure you have every opportunity for success and can enter the workforce with confidence.

The course will cover:

- Foundation and life skills
- Accredited training to achieve a nationally recognised qualification
- Work experience and placement support
- Post placement support and mentoring (26 weeks)

Places are strictly limited



Course commences 29 July 2016

Certificate III in Business (BSB30115)

This nationally recognised qualification will provide you with the fundamental skills for entry into the business administration sector. You will learn about basic office operations, creating spreadsheets, developing electronic presentations and conducting online transactions.

Enrol today and get Job Ready with Northern Pride and Gold Training.

Call Neil Saunders at Gold Training on 0407 647 193 or 1300 885 121 or email neil@goldtraining.edu.au.

*This training is proudly funded and approved by the Queensland Government through the Skilling Queenslanders for Work Program. *Regular enrolment applies. Please contact us for more information.



Train like the Northern Pride
www.northernpride.com.au



www.goldtraining.edu.au

BIRTHDAY CELEBRATIONS



William's birthday with several of the staff



Oni's birthday with several staff



Christine's birthday with Will and Oni.

FNQ Volunteers Mission Statement
To develop and strengthen volunteering in
Far North Queensland for the mutual benefit
of the individual and the community



eventsnq
PART AND PART OF THE OPERABLE

Leukaemia Foundation
Cairns QLD 4870
07 4041 7400

Cairns LONGEST LUNCH

Friday 5th August 2016, 11.30am - 3.30pm
Mc Kenzie St Parklands, Cnr Mc Kenzie St & Cairns Esplanade

ENTERTAINMENT, AUCTIONS AND LUCKY DOOR PRIZES
Come and join us for an afternoon of great food, drinks, entertainment and help fundraise for the Leukaemia Foundation. Smart tropical lunch attire.
Glass of Moët on arrival. 3 Course meal - Catering by Tropical Catering & Events

\$165 PER PERSON
Tickets from Leukaemia Foundation 4041454 or ajarrett@leukaemia.org.au
or Events NQ on 40534577 or dan@eventsnq.com.au

CAPE MENTELLE **MOËT & CHANDON**
CHAMPAGNE

Coopers

Tropical Tropic



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Virginia House
68 Abbott Street
Cairns Qld 4870

Phone: (07) 4041 7400
Fax: No longer available
E-mail: info@fnqvolunteers.org
Website: fnqvolunteers.org.au



We're on Facebook: FNQ Volunteers

*FNQ Volunteers Inc. wishes to express thanks to
the Australian Government's Department of Social Services*