



VOLUNTEERS **URGENTLY NEEDED**

**CAIRNS MEALS ON WHEELS IS
MOST DEPENDENT ON OUR
VOLUNTEER WORK-FORCE.
WE WORK MONDAY—FRIDAY
EXCLUDING PUBLIC HOLIDAYS**

KITCHEN SHIFT TIMES

7.00am—11.00am

DRIVERS or DELIVERERS

MEAL DELIVERIES

10.30am—1.00pm

**We offer on-the-job training
Previous experience not needed**

CAN YOU HELP????

If so, please call our Office on

40 51 1300

Monday—Friday 8.00am—5.00pm

HELP US TO HELP OUR COMMUNITY